SABDAY

## Automation for Fitness Trainers

Digital solutions for today's trainers. Save time. Increase revenue. Improve service.





## Digital Solutions for Fitness Trainers

We create smart websites and automate processes for online and offline fitness trainers. The platform becomes your complete tool for promotion, client interaction and training management. Online enrollment, calendar integration, payment for classes, client base and automatic reminders - all this saves your time and increases the level of service. You can run both offline groups in the gym and online sessions via Zoom or Telegram, while maintaining control over schedules and downloads.

## **Key Objectives:**

#### **Online booking and payment**

Clients choose the format, type of class and pay on the website.

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#### **Online training**

Automatically send links to video sessions after booking.



#### **Customer base**

Record visits, record accomplishments, make recommendations.



#### Analytics

Data on workload, class popularity, and finances.







## **Mobile App**

In addition to the web portal, we offer mobile app development for trainers and their clients - with convenient access to schedules, workout programs, meal plans and payments. The system automatically sends personalized training and nutrition plans on a set schedule, generates session reminders and progress notifications. Your clients are always in touch, and you have full control of the processes through the admin panel, freeing your time from routine tasks.

## **Key Objectives:**

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#### **Customer access**

Schedule viewing, recording, payment and chats in one place.

#### Automatic sending of programs

The system sends scheduled programs to each client.

#### **Push notifications**

Reminders for workouts, activity and new courses.

#### **Course sales**

It's convenient to sell marathons and consultations directly.





# Chatbots for fitness trainers

We develop smart chatbots that become fullfledged assistants to fitness trainers in messengers and social networks. The bot automatically answers frequent questions, signs up clients for workouts, accepts payment and sends personalized workout and nutritional plans. It works around the clock, taking the routine workload off your plate and providing a high level of customer service. You get a tool that helps you scale and sell courses, marathons or subscriptions even when you're offline.

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## **Key Objectives:**

#### Automated responses

The bot answers frequent questions around the clock.

#### **Data collection**

Feedback, surveys and progress measurements are captured automatically.



#### Enrollment

Shows schedule, accepts applications, and booking time.

#### Accepting payments

Integration with payment systems for payment in chat.



## Try a demo

Scan the QR code to test our smart assistant. It will tailor the exercises to your goals.

The bot works around the clock. Responds instantly. Offers personalized programs.

